

Bless

AUTUMNAL ESCAPE

November 2017 Catalog



INSIDE:

Makeup Drop
Shea Terra Organics
Maybelline
Wen
& more

BLESS

/ BLES / (VERB):
to confer prosperity or happiness upon

Bless BOX

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Hey ya'll!

This is one of my favorite times of year. There's just something about the spirit of giving that's personally inspiring and makes me want to share my joy with everyone! Thanksgiving is also right around the corner, and I can't wait to gather together with the people that I love the most and celebrate our blessings.

There are so many things that I have to be thankful for this year - and you're one of them. Without your support, my dream of Bless would have never come true! This month, I've put together a special box full of body and beauty products to make you feel amazing, from head to toe. (I also included a few extra treats and current makeup obsessions.) I feel so incredibly blessed to have the opportunity to share this with you and I can't wait to hear what you think!

Remember, it's important to stop and take a breather, once the holiday season starts going. It can be so overwhelming to keep track of everything that needs to be done, and it's easy to get caught up and miss all the special moments that make this time of year so special. For November, I wanted to curate a little reminder to take those extra few seconds to take in and enjoy everything around you.

XOXO,

Sazan



Don't forget
to *snap a pic!*

#READYSETBLESS | @THEBLESSBOX



Questions?

Reach us anytime at hello@theblessbox.com

Take a *peek!*

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1 Makeup Drop, Silicone Makeup Applicator

Something Smooth | Retail: \$20

Learn more at makeupdrop.com

I'm totally obszaxed with these amazing applicators! I hate how much makeup traditional brushes and sponges waste (and they can be such a pain to clean)- but these silicone applicators never absorb a single drop of makeup AND can apply anything from primer to foundation to highlight seamlessly. The tear-drop shape is also super easy to handle, so the application is smooth, clean, and leaves your makeup perfectly blended.

Saz Tip - *A little goes a loooong way here- be sure to start in small sections of your face and blend thoroughly. Since the Makeup Drop Applicator doesn't absorb product, it'll feel a little slick and use more product than you're used to! Start slow and blend out as needed.*

All done? Just use a little bit of soap and water to clean off your MakeupDrop Applicator!

2 Seaweed Bath Co., Firm + Lift Treatment Mask

Something Uplifting | Retail: \$6.25

Learn more at seaweedbathco.com

Y'all know I love a great mask, and I absolutely adore this Seaweed Bath Co. Firm + Lift Sheet mask! Now that the weather is getting harsher, it's even more important to make sure that you're taking good care of your skin. This mask contains key Marine Tri-Peptides and Seaweed Bath Co.'s signature AlgaDerm, which helps naturally boost your skin's balance, collagen, moisture barrier and more.

Saz Tip - *Seaweed is absolutely amazing for you! Seaweed Bath Co. uses only sustainably harvested, organic Marine bladderwrack seaweed, which contains over 65 vitamins and amino acids. This aids in natural detoxification and is anti-inflammatory, moisturizing, conditioning and smoothing.*

After you're done using the mask, make sure to gently massage the remaining essence into your skin. Don't rinse! This will help your skin fully absorb all of the yummy benefits.

3 Sugar Bear Hair, Mini Sugar Bear Hair Care

Something Sweet | Retail: \$9.99

Learn more at sugarbearhair.com

I love having happy, healthy hair! Even though I'm rocking a short hairstyle right now, it's still important that I do what I can to keep my hair strong. I know you've seen this all over Instagram (LOL) but it really does work! These little bears are full of vitamins that improve overall hair health, strength, elasticity and stop breakage. If you want to help maintain a head of full and healthy hair, this is a simple and tasty way to do it!

Saz Tip - *I love that these are totally vegetarian, as well as gluten and gelatin-free! Plus they're flavored with natural berries, so they're super sweet and easy to take.*

Chew two a day for best results! Make sure to take a picture of your before and after! I can't wait to see your luscious locks!

4 Shea Terra Organics, Rosehip Face Wash

Something Cleansing | Retail: \$5

Learn more at sheaterraorganics.com

Having a great face wash is essential to any gal's nighttime ritual. Shea Terra's organic blend of gentle Rose Hip oil and real African black soap works wonders on my skin! Not only does it cleanse your face, but the African black soap acts as microdermabrasion to help even out your skin tone and get rid of dead skin cells. It's so crazy! The Rose Hip oil also helps to soothe the skin, clear blemishes, and reduce signs of aging. I literally couldn't believe how gentle this was on my skin.

Saz Tip - *After applying the face wash, leave it on and allow it to set for about 5 minutes before rinsing, using the palms of your hands to work away dead skin cells.*

Follow up this face wash with your favorite serum or moisturizer - the natural exfoliants in this face wash create the perfect, clean palette for your skin to soak up any other products that you're using in your nightly routine.

5 Wen, Sweet Almond Mint Nourishing Mousse

Something Nourishing | Retail: \$36

Learn more at wen.com

I have naturally curly, big hair, so I'm always looking for great products that will help tame the frizz, while keeping volume and shine. This plant-based formula does all that AND it helps nourish my hair whenever I use it. Plus, it keeps a light and strong hold without ever feeling crunchy or hard.

Saz Tip - *You really only need about 2 - 3 pumps of product! If I'm blow drying my hair, I like to work this in from the mid-section to the ends of my hair, before moving to the crown of my head.*

If you're air-drying your hair, separate damp or wet hair into sections before scrunching.

6 Wen, Sweet Almond Mint ReMoist Hydrating Mask

Something Hydrating | Retail: \$72.00

Learn more at wen.com

It's important to make sure that you're taking care of your hair all year long! I use hair masks pretty frequently, to make sure that my hair is getting all of the nutrients and goodies it needs to stay healthy and full. This moisturizing hair mask is packed full of organic oils and extracts that always make my hair feel soft, silky and fresh.

Saz Tip - *I usually leave this mask on for about 30 - 45 mins! It's a great time to relax, try out a face mask, or get a little work done while this mask works its magic.*

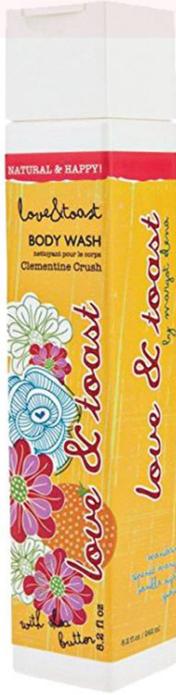
I only deep condition my hair about 1 - 2 times a week - this helps keep my hair hydrated, without feeling too weighed down or slick to style.



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7 Maybelline, Lash Sensational Curvitude Mascara

Something Curvy | Retail: \$9

Learn more at maybelline.com

Say goodbye to clumpy lashes! I love having defined, curled lashes and this is one of my everyday go-to mascaras to get that beautiful, wide-eyed look. The curved fan brush stretched, shapes and separates your lashes to create a full fan effect. It's so simple and gorgeous.

Saz Tip - *For extra curl, warm up your eyelash curler! Just run your eyelash curler beneath hot water (be careful not to make it too hot) before using. This will help your lashes curl more quickly and give a dramatic lift.*

What kind of eyelash curler are you using? Make sure that you use a curler with rubber pads -- foam pads can actually increase the risk of breakage!

8 Maybelline, Curvitude Eyeliner

Something Precise | Retail: \$9

Learn more at maybelline.com

Getting a clean, straight line can be so hard, which is why I'm totally loving this Maybelline Curvitude Eyeliner. The angled shape makes it sooo easy to handle, and the fine precision tip makes creating the perfect cat eye a breeze. If you've ever had trouble with eyeliner (especially liquid eyeliner) this is perfect for you.

Saz Tip - *For a natural look, hold the liner so that the tip gently grazes your lash line, and starting from the inner corner of your eyes, create a thin, firm line to the outer edge of your eye. This will help darken your lash line and emphasize the fullness of your lashes.*

This matte formula is perfect for creating a cat-eye. I like to create the flick and angle first, and then follow the curve of my eye from the outer edge, to the inner corner of my eye. This helps keep the line nice and even (and symmetrical)!

9 Love & Toast, Body Wash

Something Fresh | Retail: \$9.99

Learn more at loveandtoast.com

I love feeling fresh and clean! This organic body wash is super nourishing and free of parabens, phthalates, sulfates, synthetic color and more -- meaning that everything in it is super good for you. The bee pollen and honeysuckle in this formula work together to moisturize, energize and detoxify.

Saz Tip - *Create an in-home spa day and take a relaxing bath! You can even use the other bath products in this month's box to make it a really holistic experience.*

Love & Toast makes three different delicious scents -- Dew Blossom, Honey Nectar and Persimmon Plum. Which one did you get? I want to try them all!

10 Model Launcher Cosmetics

Something Surprising | Retail: \$12

Learn more at modellaunchercosmetics.com

This is a special bonus item, just for you! Ya'll know I love trying new makeup, and when I looked at Model Launcher to choose which product I'd like to send you, I just couldn't decide! Inspired by fashion, Model Launcher provides professional grade makeup to make you feel like a model. I handpicked some of my favorites to send one of them to you as a surprise!

11 Sterling Forever, \$30 Gift Card

Something Sparkly | Retail: \$30

Learn more at sterlingforever.com

A great accessory completes any outfit. I love Sterling Forever's wide range of cute styles, there's just so many to choose from! I can never decide what I want! This month, I included a special gift card just for you! Pick out something nice for yourself and snap a pic! I'd love to see what you choose. <3

12 PopChips, Sea Salt

Something Yummy | Retail: \$3

Learn more at popchips.com

I loved PopChips so much from August's box, I had to include it again! PopChips is my new addiction. They're just so tasty! This flavor is perfect when you're craving something a little salty, but don't want to indulge in something unhealthy. PopChips is vegan, organic, gluten-free AND always uses real ingredients.

Saz Tip - *If you're craving a little bit of sweet AND salty - try this with fruit or drizzle some dark chocolate on top. Shh! I won't tell!*

The Foundation for Living Beauty

This month, I'm honored to partner with the Foundation for Living Beauty as our featured charity of the month. This is such a special charity, that is so dear to my heart and I'm in absolute awe of the work they do. I'm so excited to share this experience with you.

The Foundation for Living Beauty is a non-profit organization that focuses on helping women struggling with cancer by providing what they need emotionally, physically and spiritually to thrive and feel beautiful. Ya'll, reading their mission statement and seeing the work they do made me tear up. They do so much!



From providing support for women going through chemotherapy to hosting wellness retreats and therapy workshops for survivors, to celebrating life and helping women reclaim their femininity and strength, the Foundation for Living Beauty works with women to address the incredibly complex issues they face as they fight cancer. Have you seen their list of programs?? I found myself asking, "What don't they do?"

The Foundation for Living Beauty helps women regain their sense of self and create a sisterhood of support, self-care and guidance. This touches my heart so deeply, and in this month of giving, it's sooooo important to support organizations like these that are centered around so much love and compassion.

Please go check out their site and see what you can do to help! I love doing what I can to help support those who need it. Seeing an organization like this do so much to uplift and empower women, especially those who are fighting cancer, is so amazing. ■



Something *coming!*

WE'VE GOT SOMETHING *extra special*
COMING UP IN DECEMBER!

I've never been good at keeping secrets and I
can't wait to unveil what we're working on!

— *Stay tuned* —

for some extra Bless Box holiday magic!



#readysetbless

I love seeing all of your cute photos!

Here are some of my favorites that ya'll snapped of our past boxes. <3



@adiyahbbaig



@meleighsa



@myInn280



@sammyjo_xo



@tinotmegane



@vicolsfamily

XOXO,

Saman