

Bless

CELEBRATE YOUR **BLESS**

Holiday 2017 Catalog



BLESS

/ BLES / (VERB):
to confer prosperity or happiness upon

Bless BOX

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Hey babes!

I'm so excited to share this special season with you! This is a time to come together, spread joy and celebrate all of our beautiful blessings. Ya'll, I can't say it enough - this is one of my favorite times of the year, not just for the decorations and traditions, but for the season of giving. I'm so blessed to have the opportunity to share my blessings with ya'll and to send that out into the world.

For this extra special Bless Box we're partnering with Direct Relief. This cause is so close to my heart and I'm thrilled to work with their team to provide life-giving aid to people in areas that need it most. We're donating a portion of all sales from this box to Direct Relief! It's so amazing, I could cry! Thank you for joining me in supporting this amazing organization.

Celebrate Your Bless is all about the best of the season, and for this unique box, I put together my favorite picks for the holidays to bless you. There's just something about this time of year that makes me feel so cozy! From something warm to fill you up with goodness, to beauty supplies to make you feel cared for, to something a little glam to add a little sparkle, I hand selected each item to create the perfect holiday box.

I literally cannot wait for you to see what's inside! It's so rewarding to see your hard work come to life, and it's even more special when we can work together to bless others. It makes my heart feel so full! Happy Holidays, babes!

XOXO,

Sazan



Don't forget
to *snap a pic!*

#READYSETBLESS | @THEBLESSBOX



Questions?

Reach us anytime at hello@theblessbox.com

Take a peek!



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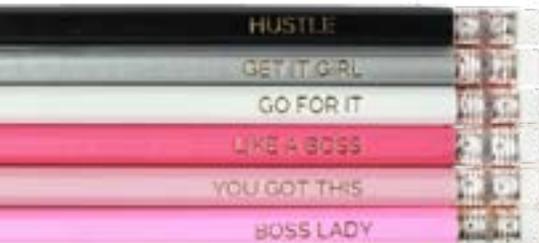
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1 Republic of Tea, Peppermint Bark Something Cozy | Retail: \$2

Learn more at republicoftea.com

Does anything say holiday spirit better than a great cup of peppermint tea? Peppermint is one of my favorite holiday flavors and I can't get enough of this tea. It's so refreshing and relaxing. Plus this is caffeine-free, so it's the perfect cup to curl up with a warm blanket and end the night with -- how dreamy is that?

Saz Tip - This herbal blend is all-organic and sustainably sourced, which I love! The blend of Rainforest Alliance Certified green rooibos, peppermint, cocoa extract and vanilla creates the loveliest and most soothing cup.

Peppermint tea is also great for digestion and helps boost your immune system, which makes it the perfect companion to winter. After all that holiday indulgence, this is a yummy way to make sure your stomach stays happy and healthy.

2 Aynara, Argan Oil Something Smoothing | Retail: \$15

Learn more at aynarabeauty.com

I'm totally obszessed with using argan oil as a moisturizer! This 100% pure oil is cold-pressed and sourced directly from the Moroccan countryside, which I love. What I love even more is that with every Aynara purchase, you're giving directly back to the only co-ed primary school in Imintlit, Morocco and their local children's shelter. It does wonders for your skin and for the local community.

Saz Tip - This argan oil is lightweight and perfect for use as a daily moisturizer. I keep this in my purse and use it whenever my skin starts to feel dry or cracked. Since this is so light, I also use a little as a facial moisturizer at night! Seriously, it's magical.

Disperse a little bit of this product on the ends of your hair to help heal your split ends and reduce frizz. The cold weather can make hair go crazy and this is the perfect solution!

3 Schique, Insightful Contour Eye-Cream Something Softening | Retail: \$64

Learn more at schieque.com

A great eye cream is an essential addition to your skincare routine! The skin around your eyes is super delicate, so it's important to make sure you're taking that extra step to keep it healthy, hydrated and youthful. Schique's eye-cream totally works wonders by tightening your lids, diminishing fine lines and puffiness. Their non-greasy formula is all-natural, as well as gluten, paraben, and sulfate free, too!

Saz Tip - Use the tube applicator to apply the cream under your eye and across your eyelid, then gently massage it into your skin. I use this in the evening, before I go to bed, and in the morning, to make sure I'm getting the best results possible!

This eye-cream contains dandelion, which is a rich source of vitamin A, C, and E, as well as is a natural anti-inflammatory!

4 KVoss, Peppermint Lip Balm Something Soothing | Retail: \$14

Learn more at kvossnyc.com

A great lip balm is my #1 essential for the winter months. Chapped lips are so uncomfortable! I like to do what I can to keep my lips well moisturized all year round, but it's especially important during this time of year! I'm loving this peppermint lip balm - the rich blend of coconut and almond oil with soothing peppermint help strengthen your lips to prevent further damage.

Saz Tip - Almond oil is super gentle and lightweight, so it absorbs easily into your lips to deliver the most moisture and protection. It also contains Vitamin E and Vitamin A, which are fantastic for repairing skin damage.

Apply a thick layer of balm to your lips at night! After you've washed your face and prepped your nightly routine, this will add that extra boost of moisture and protection overnight so you wake up with plump and happy lips!

5 Adore Cosmetics, Detoxifying Facial Cream Something Detoxifying | Retail: \$99

Learn more at adorecosmetics.com

Your skin picks up so much damage on a day to day basis from harsh weather, smog, UV rays, toxins, etc, it's super important to make sure that we're taking extra steps to keep it healthy and happy. Adore Cosmetics exclusive Plant Stem Cell formula helps to regenerate your natural skin cells and boost a healthy texture. This also contains an amazing anti-bacterial formula that works to fight microbial damage, long after you've finished cleansing your face. I'm totally hooked.

Saz Tip - Massage a small amount to your wet face, using firm circular motions. Rinse thoroughly with warm water and follow up with your nightly facial routine (or make a night of it with a nice mask and a relaxing cup of tea...)

This cleanser also contains chamomile and Allantoin, which work to deeply hydrate dry skin and soothe problem areas. This sets you up with the perfect palette for moisturizers and serums, or even your daily makeup routine.

6 Sweet Water Decor, Motivational Pencil Set Something Hydrating | Retail: \$15

Learn more at sweetwaterdecor.com

I like to keep little reminders around me to help me remember that, no matter how stressful or busy my day is, that I'm pursuing my dreams and on the right path. Big dreams take a lot of work and these cute pencils are a great memento to keep me encouraged throughout my day.

Saz Tip - Keep these displayed near your desk or work area, so you have some handy motivation right where you need it.

Which one is your favorite phrase? Take a cute pic of your workspace with these pencils and tag us!

Psst! Click on the image to learn more!



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7 Mirabella, Glossamer Color Luxe

Something Shimmering | Retail: **\$28**

Learn more at mirabellebeauty.com

Lip gloss is back, ya'll! I love a super moisturized looking, glossy lip and this light pink is the perfect delicate shade for this season. This formula is never sticky and creates the perfect multidimensional shine. A little shimmer goes a long way!

Saz Tip - *Slick a little of this gloss over your favorite nude lipstick to add the perfect blush and sparkle to your holiday makeup.*

This gloss works overtime to keep your lips healthy AND shiny. Mirabella's gloss formula contains vitamin C, E, jojoba and Monoi de Tahiti to nourish your lips, combat aging, dehydration and provide antioxidant protection.

8 Jules Smith, Jewelry

Something Delicate | Retail: **\$60**

Learn more at julesmithdesigns.com

It can be so hard to find the perfect accessories to go with your holiday outfit! Luckily, I picked out a little something for you! Shhh, It's a surprise! Jules Smith makes the prettiest jewelry and I had such a hard time choosing just one thing to send you! I wish I could see your face when you open it -- but just post a selfie with #readyssetbless and then I can see how gorgeous you look. <3

Saz Tip - *If you're looking for something understated and sophisticated, pair this with your favorite LBD and create a low french twist with your hair. Leave the rest of your accessories at home and let this piece make the statement. Go for a natural, fresh face and a red lip - you'll have an instant holiday classic.*

If you want something a little more bohemian - pair this with a long statement necklace or a delicate lariat. Style this look with loose, wavy hair and a sultry smoky eye. The layering of details will give you an effortlessly sexy look.

9 Dr. Jart+, Water Fuse Hydro Sleep Mask

Something Moisturizing | Retail: **\$48**

Learn more at sephora.com

I've said it before and I'll say it again - you can never moisturize enough. It's so important! Winter weather can really dry out your skin and sometimes it takes a little extra kick to make sure you're providing it with all of the nutrients it needs! This overnight sleep mask creates a protective barrier over your skin to lock in a blend of AquaMinerals designed to maintain balanced moisture levels, boost firmness, elasticity, brightness and overall health. It's also free of harmful ingredients like artificial fragrance, denatured alcohol, skin irritants, and color, so it's super gentle, even for sensitive skin!

Saz Tip - *After following your regular nighttime routine (with moisturizer), apply this to your face and neck generously. Rinse with warm water in the morning and you're ready to go!*

This mask also contains Himalayan pink salt, which supports natural cell regeneration, and Belgium hot spring water, which removes impurities from your pores. Every single ingredient in this mask is designed to work together to make your skin look and feel beautiful.

10 Kérastase, Masque Chromatique

Something Replenishing | Retail: **\$20.50**

Learn more at kerastase-usa.com

I'm totally obasazzed with Kérastase! Seriously, it works absolute magic on my hair! Anytime my hair feels dry or stressed out, this mask brings it right back to life. It's a staple in my haircare routine. Unlike many hair masks, this mask doesn't ever make my hair feel heavy or weighed down. Their On-Surface Technology wraps hair from root to tip, making sure that it delivers the most nourishment, moisture, and goodies to replenish your locks.

Saz Tip - *Apply a quarter-sized amount to wet hair throughout the mid-length all the way to your ends and massage through. Leave the mask on for about 5 - 10 minutes and rinse thoroughly.*

For best results use about once a week, or as needed! I can't wait to see your beautiful, shiny hair! <3

11 Exclusive Bless Holiday Card Set

Something Thoughtful | Retail: **\$17**

There's something so nostalgic and thoughtful about a handwritten card! We designed these special holiday cards for this beautiful time of year! Tell your loved ones how much you appreciate them or write a heartfelt thank you note. I just love letter writing and this is the perfect time to start practicing! Now to perfect my handwriting, LOL!

Something Giving

Direct Relief

For this special edition of Bless Box, I am so incredibly honored to partner with Direct Relief. A portion of all sales from this box will be donated to this amazing non-profit and all they do to help those in need. I am so blessed to have the ability to share all the gifts that I've been given and I can't think of a better cause.



Direct Relief is an international non-profit humanitarian organization, active in all 50 states and over 80 countries, with a mission to improve the health, well-being, and lives of those affected by poverty and disasters. Since 2000, they've delivered over \$4 billion in medical aid, in addition to operating the United States largest charitable medicine program! They also partner with over 1,300 safety net clinics and health care centers which help over 23 million people without access to healthcare. Now this is something that I find really amazing--Direct Aid's humanitarian aid model leverages every dollar contributed into \$45 of medical aid and they're the only non-profit licensed to distribute prescription medicines in all 50 states.

Direct Aid provides a huge focus on health, equipping health professionals in resource poor communities to treat, care and diagnose those who don't have access to quality healthcare. Having good health gives people the ability to learn, work, and lead full lives. Staying healthy is sooo essential and something we often take for granted!

They also have amazing programs that directly benefit maternal and child health! It breaks my heart to think of mommies who aren't able to care for their babies, so I love that Direct Aid works to help mommies have healthy pregnancies and provide for their children after birth. There is so much going on in the world right now and it fills my heart to see all the good work that Direct Aid is doing. <3

They're even working on the ground to provide relief to those affected by Hurricane Maria and Harvey, as well as support to the the relief efforts in Puerto Rico, earthquakes in Mexico, and the California wildfires. Ya'll, Direct Aid also works with Kurdistan Save the Children, helping provide necessary medication and nutrition!! What don't they do? I couldn't stop reading up on all of their programs and relief efforts. They've got an amazing aid map on their website, so you can see exactly where they're working with daily updates on relief. I could go on and on about everything that they do to help others!

I love seeing Direct Aid's compassion and generosity in action! For more information on their work, or to donate, please head over to www.directrelief.org Let's do this, ya'll!



10 Ways to Give Back

Something To Bless Forward

This time of year is such a great opportunity to give back! There are so many ways to spread our blessings. Here are a few simple ways to give back during the holiday season. <3

1. Help Your Local Animal Shelter

Check out humanesociety.org for more info

Even if you can't surprise someone with a puppy on Christmas, there are lots of animals that need a loving home! Look up your local shelter and see how you can help out -- many shelters need extra collars, dog beds, or volunteer time.

2. Write A Heartfelt Letter

Hint: Use the Bless Holiday Card!

Let's bring back letter writing! Take some time out of your day to write a heartfelt note to that friend (or an aunt or cousin) that you haven't talked to in a while. Spread a little extra holiday love and cheer by telling them why you appreciate their presence in your life.

3. Pay For Someone's Coffee

Hint: Using cash makes this super easy

This is such a fun way to spread some warm holiday blessings! When you're in line for coffee, or at a drive-thru on your way to work, take care of the next bill. Just this little gesture can really make someone's day!

4. Volunteer Somewhere New

Check out volunteermatch.org for ideas

If you have a little extra time, spend it on others! Whether you take some time to volunteer at your local library or homeless shelter, the extra help is always valued.

5. Adopt-A-Family

Tip: Local charities are a good resource!

The holidays can be very stressful and difficult for low income families. Whether it's providing groceries for a special holiday dinner or making sure that a child has something to open on Christmas morning, any contribution to help make this holiday a little brighter is important.

B 6. Donate To A Food Bank

Check out feedingamerica.org for more info

Food Banks are always in need of donations, and with the damage from the hurricanes and earthquakes over the past year, the need for healthy non-perishable food is especially great! You can donate to your local food bank, or look up a specific charity to help out!

7. Visit A Nursing Home

Hint: Your local nursing homes probably has some holiday programs!

This time of year can be lonely for the elderly. Make some cookies and take an hour or two to volunteer and spend some time at your local nursing home!

8. Put Together A Care Package

Hint: Sending something overseas? Remember time of year!

We can take so many of our blessings for granted! Put together some extra essentials and a little holiday cheer for someone who really needs it. From sending little gifts to soldiers stationed overseas to packages for the homeless, there are lots of ways to get involved!

9. Host A Book Drive

Check out readglobal.org for more info

Children's literacy is super important! Ask your local library or school for what they need and get together with a few friends to host a book drive. Children are our future and investing in their education really makes a difference!

10. Party With a Purpose

Tip: Repurpose old Bless Boxes to collect donations!

It's holiday party season! If you're hosting a party at your house, ask your friends to bring canned or nonperishable food to donate to a food bank, a book or a coat for foster children, or adopt a family together and have a present wrapping party! The possibilities are endless!

How are you going to #readyssetbless?

Something Musical

A Blessed Holiday

It's such a great feeling to hear your favorite songs as soon as the decorations go up and we cozy up by the fire. I put some of my favorite holiday tunes in a playlist just for you!

All I Want for Christmas is You
by [Mariah Carey](#)

White Christmas
by [Bing Crosby](#)

Little Saint Nick
by [She & Him](#)

Last Christmas
by [Wham!](#)

It's the Most Wonderful Time of the Year
by [Andy Williams](#)

Blue Christmas
by [Elvis Presley](#)

Have Yourself a Merry Little Christmas
by [Frank Sinatra](#)

Merry Christmas Darling
by [The Carpenters](#)

Frosty the Snowman
by [The Jackson 5](#)

Silver Bells
by [Dean Martin](#)

O Holy Night
by [Mariah Carey](#)

Jingle Bell Rock
by [Hall & Oates](#)

Rudolph The Red Nosed Reindeer
by [The Temptations](#)

Santa Baby
by [Eartha Kitt](#)

Carol of the Bells
a.k.a 'Opera of the Bells' by [Destiny's Child](#)

Wonderful Christmastime
by [Paul McCartney](#)

Winter Wonderland
by [Tony Bennett & Lady Gaga](#)

The Christmas Song
(Merry Christmas to You) by [Nat King Cole](#)

Let it Snow! Let it Snow! Let it Snow!
by [Dean Martin](#)

Here Comes Santa Claus
(Right Down Santa Claus Lane) by [Bing Crosby & The Andrews Sisters](#)

Santa Claus is Coming to Town
by [The Jackson 5](#)

Sleigh Ride
by [Ella Fitzgerald](#)

Silent Night
by [Mariah Carey](#)

Home for the Holidays
by [Perry Como](#)

The First Noel
by [Whitney Houston](#)

I'll Be Home For Christmas
by [Doris Day](#)

It's Beginning to Look a Lot Like Christmas
by [Michael Buble](#)

Christmastime is Here
by [Vince Guaraldi Trio](#)

Listen to the full playlist on Spotify!
sptfy.com/ablessedholiday



@ashleyphillips88



@curlsnpearls_



@myInn280



@mariahlharrison



@xalliulloa



@xosamanthabrooke



The background of the entire page is a marbled paper pattern in shades of cream and light beige, featuring fluid, organic swirls and veins.

Bless BOX

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