

*Bless* BOX

READY. SET. BLESS.



## Stepping into Summer...

It's finally almost here - Summer! The sun is out and I've picked out some of my favorite items to help you get ready for that summer bod, long days in the sun, and perfect weather. I can't wait for you to see what's inside!

Xoxo,

*Ps. Don't forget to share your pics with #readysetbless!*

*Sazan*

## Something Citrus

True Citrus 5 Pack

Retail \$5



With warming weather, it's even more important to remember to drink water and stay hydrated. These fun flavors make it easier to drink water throughout the day. Plus, they're good for you and don't contain artificial flavors, preservatives or gluten!

## Something Super

HUM RAW Superfood

Retail \$5



One of the most beautiful things about summer is having healthy, glowing skin. I've been mixing in RAW Beauty Superfood in my smoothies to boost my metabolism in the morning & keep my skin clear. Hello, healthy summer bod!

## Something Fresh

Project 7 Gum

Retail \$5



Project 7 and their mission to bring relief to 7 areas of need is so close to my heart. Each pack of this gum gives back to the environment and helps plant trees -- so far over 3.7 million trees have been planted!

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### Saz Tips

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Add this to your water bottle on the way to the beach, or even around town!

If you're not a smoothie gal, try mixing this in with 8oz of almond milk (or really any favorite drink). If you're thinking about trying it with juice, just make sure it's non-citrus, like apple or peach.

This flavor is so fresh! It's perfect for freshening up after that morning coffee or extra spicy late lunch!

Learn more at [truelemon.com](http://truelemon.com)

Learn more at [HUMNutrition.com](http://HUMNutrition.com)

Want more? Visit [Project7.com](http://Project7.com)

Don't forget to snap a pic!

#readysetbless @theblessbox



Questions? Reach us anytime at [hello@theblessbox.com](mailto:hello@theblessbox.com)

## Something Tropical

Health Warrior Coconut Chia

Retail \$5



I love coconut and Chia is one of the healthiest superfoods, so this is an amazing combination. Not only does this taste simply delicious, but it also makes it so easy to stay energized and healthy when I'm on the go!

## Something Sleepy

Little Moon Essentials

Retail \$5



A good night's sleep is the secret to feeling your best. To me, it's so important to get R&R whenever possible, and I just had to include this restful mineral bath from Little Moon Essentials, the perfect little companion to wind down with!

## Something Loving

Love Your Melon Bundle

Retail \$12.50



Love Your Melon is on a mission. Each purchase gives a child battling cancer a 'Superhero Beanie' & they donate 50% of all profits, already raising over \$2.5 million that's gone directly to families and research. Love!

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### Saz Tips

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If you love this bar, I've included a little discount card for you, so you can get more, or try out their different products to see what fits your cravings!

Swirl a handful of the salt, AFTER entering your bath and relax! The ginger in this mix makes it great for cleanses, and I suggest using this at night to relax and restore your body for the next day!

Show your support for this cause! Post a pic of your bracelet on Instagram and use the hashtag #LoveYourMelon

Learn more at [healthwarrior.com](http://healthwarrior.com)

Learn more at [littlemoonessentials.com](http://littlemoonessentials.com)

Want more? Visit [loveyourmelon.com](http://loveyourmelon.com)

## Something Bouncy

Eva NYC Freshen Up Dry Shampoo

Retail \$7.99



*It's so hard to find the right dry shampoo, but it's such a must-have for any gal's arsenal. This is one of my favorite dry shampoos because it gives me the right amount of lift to my hair, without leaving a white residue, or that weird chalky smell.*

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### Saz Tip

After shaking, spray lightly onto your scalp and roots about 10 - 12 inches away from your head. Gently pat or shake away any excess.

Sometimes, I'll bring dry shampoo with me when I'm on the go. Just a bit in the middle of the day gives hair added life to make it look like I just stepped out, fresh and ready!

For more from Eva NYC, visit [eva-nyc.com](http://eva-nyc.com)

## Something Eye-Catching

BH Cosmetics Eyes to Go Palette

Retail \$15.99



*Summer is a great time to try out new looks, so I've picked out four of my favorite eyeshadow palettes from BH Cosmetics! I think a neutral base is a great place to start any new summer fling. These palettes are perfect for just that!*

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### Saz Tip

BH Cosmetic's formula is so long lasting! Their colors stay all day and don't crease with wear (which as the summer months get hotter, can really sometimes be crummy).

These palettes are also vegan, paraben-free, and non-irritating, so you never have to worry about what you're putting on your skin! <3

For more from BH Cosmetics, visit [bhcosmetics.com](http://bhcosmetics.com)

## Something Hydrating

amika Nice Cream Cleansing Conditioner

Retail \$22



*I'm so in love with this conditioner! Some conditioners weigh heavy on your hair and can leave an icky residue on your scalp, but this conditioner cleans & hydrates your hair all in one step. You can ditch the shampoo and nourish your hair in between washes!*

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### Saz Tip

What's even more awesome about the Nice Cream conditioner is that it works on every hair type. Curly? Straight? Thick? Fine? This is for you.

In your shower, add a small amount to wet hair and work it gently through your scalp and ends. Rinse with warm water!

For more from Amika, visit [loveamika.com](http://loveamika.com)

## Something Bright

Scentsational Natural Soy Candle

Retail \$8.95



*These candles are simply amazing! Not only do they burn beautifully, but they are so delicately scented that they just perfectly fill the room with amazing aromas use after use. The name truly says it all!*

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### Saz Tip

I love lighting a candle right when I get home after a long day, or as I step into the tub for some serious body and mind rejuvenation.

Not all candles are created equal, which is why I love Scentsational's candles. Made with natural soy, these are safe to burn and beautifully crafted!

For more, visit [Scentsational-Products.com](http://Scentsational-Products.com)

## Something Sunny

BLESS Exclusive Sunglasses & Pouch

Retail \$49.99



*I designed these sunnies just for you! Every girl needs a great pair of statement sunglasses for the summer, and I've got you covered. These are super fashionable, made to be sturdy, and can only be found in Bless Box! I can't wait to see how you look!*

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### Saz Tip

These are perfect for on-the-go style or as an eye catching statement alongside almost any outfit.

These are also made to last! Bring them with you to the beach, on your summer adventures, or anywhere the summer season might take you!

For more from BLESS, visit [BlessBox.com](http://BlessBox.com)

## Something BLESS

BLESS Envelope & Extras

Retail \$20



*From gift certificates, to coupons, to extra savings and so much more, the BLESS envelope is packed this month with some awesome ways to grab your favorites without shelling out for standard retail prices! But shhh, these are only available to members!*

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### Inside the Extras

This month, we've included tons of amazing discounts from our partners, including a full \$15 gift card to HUM Nutrition, special deals from Health Warrior, easy ways to save on your mineral baths from Little Moon Essentials, and more!

I hope you love all the bonuses this month! <3

For more from BLESS, visit [BlessBox.com](http://BlessBox.com)