

*Bless* BOX

READY. SET. BLESS.



## Fall into Autumn

September is finally here, and I can't wait to fall in love with Autumn all over again! This is a special month because my dear friend Lauren and I curated this box **together**. We've selected our favorite summer staples to bring us into the season, plus some fun extras to get you ready for those changing leaves and cozy months.

This is also the first month of **Bless Gives Back**, an initiative by us to inspire (& match) contributions by you, our members. Be sure to check out the charity we're sponsoring at the end of your packing list! We're dedicated to matching ya'lls donation to the amazing work they do at Vista Del Mar. Just mention us in your donation notes!

Xoxo,

*Lauren*

*Ps. Don't forget to share your pics with [#readysetbless!](#)*

## Something Smoothing

Yu-Be Moisturizing Cream

Retail \$3.99 ([Get it!](#))



*This product has been a best-seller in Japan for over 50 years, so we just had to try it for ourselves! Designed to be intensely moisturizing and effective, you can use it anywhere on your body, from your face to your elbows, knees, and feet. Since it is so concentrated, make sure to use just a little bit!*

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### Saz & Lauren Tip

Smooth this over the apples of your cheeks and a little on your t-zone to help keep your skin moisturized and prevent breakouts.

Use this right after the shower! It absorbs immediately and never feels like you have a layer of lotion on your skin.

For more from Yu Be, visit [yu-be.com](http://yu-be.com)

## Something Revitalizing

Beauty Infusion Revitalizing Peel Off Mask

Retail \$7.99 ([Get it!](#))



*I'm obsessed with peel off masks! The pomegranate and peptides infused in this mask are super gentle and help to boost your skin's radiance and resilience. This is perfect if you have sensitive skin because it won't irritate your skin, like harsher and more aggressive peel-off masks.*

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### Saz & Lauren Tip

Peel-Off masks can be difficult to remove from hair, so make sure to avoid your hairline, eyebrows and eyes when you're applying the mask.

Use this mask once or twice every other week. The antioxidants in pomegranate will help to tone and refine your pores!

Learn more & restock at [freemanbeauty.com](http://freemanbeauty.com)

## Something Pure

Skin Inc Pure Revival Peel

Retail \$5.00 ([Get it!](#))



*Adding an exfoliating step to your skincare routine is essential. This product is perfect for all skin-types because it's gentle and non-abrasive, while still removing dead skin cells and prepping your skin for your favorite nightly serum or moisturizer.*

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### Saz & Lauren Tip

This mask is perfect for dry or troubled skin, because it helps revive your skin's vitality and elasticity without any harmful chemicals like parabens, sulfates or phthalates.

Apply a thin layer to clean, dry skin and leave it on for a few minutes before gently massaging it in a circular motions. Rinse with warm water and voila! You're gonna glow!

For more from Skin INC, visit [loveskininc.com](http://loveskininc.com)

## Something Glowing

Chaleur Skincare Coupon

Retail 2.00 ([Get it!](#))



*We're absolutely loving this ageless glow serum! What better way to keep your summer skin fresh all year long? This is definitely becoming one of our favorite serums and I can't wait for you to try it out! (Stay tuned for our other favorite Chaleur products.*

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### Saz & Lauren Tip

Serums are super concentrated, so only use about 1 -2 drops per application!

This product works best on a freshly washed and toned face, right before your moisturizer! Allow a few minutes for your serum to soak in before you take the next step in your skincare routine.

For more from Chaleur Skincare, visit [chaleurskincare.com](http://chaleurskincare.com)

# Don't forget to snap a pic!

[#readyssetbless](#) [@theblessbox](#)



Questions? Reach us anytime at [hello@theblessbox.com](mailto:hello@theblessbox.com)

## Something Shimmery

STILA MATTE'ificent Lipstick

Retail \$22 ([Get it!](#))



*This is your new favorite pink lip to take with you from the hot summer months to the coziness of fall! The formula is sleek and swipes on smoothly, so it won't stick, crack, or dry on your lips!*

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### Saz & Lauren Tip

Match this lip with a soft pink blush on the apples of your cheeks for a feminine and flushed summer glow. Add a thin line of black liner and a few strokes of mascara, and you're ready to go!

Style this with a cozy nude sweater or embrace a romantic monochrome look!

For more from STILA, visit [stilacosmetics.com](http://stilacosmetics.com)

## Something Rosé

STILA Stay All Day Lip Liner

Retail \$20 ([Get it!](#))



*This fun color is the perfect base for your Matte'ificent lipstick. A great lipliner is the perfect addition to every makeup bag, and we're totally obsessed with this color.*

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### Saz & Lauren Tip

For a natural lip, try applying this lipliner AFTER you've applied your lipstick. Softly blend this along the inside of your natural lipline for a natural contour.

If you're going for more of a statement, and want to emphasize the fullness of your lips, line lightly just outside of your natural lipline. This will give the appearance of kissable, plump lips, once you've applied and blotted your lipstick!

For more from STILA, visit [stilacosmetics.com](http://stilacosmetics.com)

## Something Smokey

Douce Smudge Resistant Eyeliner

Retail \$20 ([Get it!](#))



There's nothing worse than glancing in the mirror halfway through your day and seeing your eyeliner smudged or running down your face (hello raccoon eyes!). This soft, smudge-resistant kohl liner creates perfectly defined lines that won't budge.

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### Saz & Lauren Tip

Draw this along the inner rim of your eye for a smouldering, dramatic look.

Make sure that you use a metal eyeliner sharpener to keep the tip sharp and precise.!

For more from Doucce, visit [douce.com](http://douce.com)

## Something Unique

RealHer Eyeshadow Palette

Retail \$28 ([Get it!](#))



What I absolutely love about RealHer, is that they are a makeup brand built to inspire, empower, and uplift women. I picked a fabulous transitional palette for the fall, that I think you'll just love!

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### Saz & Lauren Tip

This is the perfect palette for a fall themed smokey eye! The dark brown tones and nudes are the ideal combo to up your eyeshadow game this fall.

Sweep a little of the highlight tones at the inner corners of your eyes, and along your browbone to make your eyes pop and sparkle.

For more about REALHER, visit [realher.com](http://realher.com)

## Something Healthy

CitraGreen Wheatgrass Tablets  
Retail \$11.00 ([Get it!](#))



These Citagreen tablets are totally vegan and make it super easy (and tasty) to add a daily dose of concentrated amounts of Iron, Calcium, and Vitamin C & A to your normal routine.

## Something Coconuty

Dang Caramel SeaSalt Coconut Chips  
Retail \$3.99 ([Get it!](#))



This Vegan, Paleo-friendly, Gluten-Free snack literally **only has three ingredients** and tastes amazing. They're a sweet snack that also gives a great energy boost throughout the day. Perfect for guilt-free munching!

## Something Lemony

True Citrus Original Lemonade  
Retail \$5.00 ([Get it!](#))



What else says late summer better than the taste of lemonade? I love True Lemon so much, I wanted to give it to you again! Made with real lemon juice, this is a simple way to add flavor to your water throughout the day.

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### Saz & Lauren Tips

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If you're not a fan of the taste of wheatgrass, you can drop this tablet into whatever liquid you're using in your morning smoothie. So yummy!

You can eat this on it's own, or try it on top of something like popcorn for that perfect mix of salty and sweet. Seriously, these are so good!

True Citrus has a ton of great recipes on their website, if you want to try something a little different. I'm super excited to try cooking with this!

## Something Giving

Pura Vida Bracelet

Retail \$5 ([Get it!](#))



*I love a brand that blesses others! These beautiful bracelets are handcrafted by artisans all over the world, and each purchase goes towards charities to promote health, wellness, and sharing "pura vida"!*

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### Saz & Lauren Tip

This isn't your ordinary friendship bracelet! Pura Vida donates to a wide variety of charities, from offering positive employment opportunities to supporting cancer awareness and the environment.

Don't stop here, take one and pass it along to a friend!

For more from Pura Vida, visit [puravidabracelets.com](http://puravidabracelets.com)

## Something Essential

ArtNaturals Signature Essential Oil Roller

Retail \$6.99 ([Get it!](#))



*Essential Oils are such a nice way to add a little boost or relaxation to your day! These rollers are so easy to carry around with you everywhere, and their jojoba oil based formula is perfect for topical use. I can't get enough!*

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### Saz & Lauren Tip

Apply a little of the roller to your wrists, temples, the back of your neck (or even the bottoms of your feet) and inhale!

If you're using this to help with any pain you're feeling, go ahead and apply the roller directly to the area (just make sure that you use this externally only).

For more about ArtNaturals, visit [artnaturals.com](http://artnaturals.com)

# Something Special

DearGiana Print

Retail \$20 ([Get it!](#))



Not only did our girl Giana design the exterior of the box, but she also included this special print. We're obsessed with this cutie and her artwork! Can you believe she's only 8 years old?

The inspiration behind this piece is humbling. Giana is all about Texans helping Texans. Because Houston is home of the Gold Grill, Lil G is selling this print to help support the neighbors down south.

100% of every Grillz print purchased will go to disaster relief funds for Hurricane Harvey victims. We're excited, humbled and touched to be part of this.

Find more about Giana by following [@g.von.g](#) and visiting [deargiana.com!](#)

# Bless Gives Back

## Partnering with Vista Del Mar



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This is a very special month for Bless Box. Earlier this month, Lauren and I spent a day together at Vista Del Mar. It's always been a dream of mine for Bless to give back, and I'm so honored to feature Vista Del Mar as our very first Bless Box charity. This incredible non-profit does amazing work to provide much needed wellness, educational and therapeutic services to families.

We want to share those blessings with others, and inspire you to get involved. Together with Bless Box, we're committed to matching donations made by members. It's easy to get started! Just follow these 3 steps.

1. Head to [blessbox.com/lauren](https://blessbox.com/lauren)
2. Click **DONATE** on the bottom of the page
3. Select Tribute, and under Honoree or Message, mention Bless Box.